

# The 2<sup>nd</sup> National Plan on The Elderly (2002-2021)

1<sup>st</sup> Revised of 2009



*The National Committee on the Elderly  
The Ministry of Social Development and Human Security  
Thailand*

# **The 2<sup>nd</sup> National Plan on The Elderly**

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# Preface

The 2<sup>nd</sup> National Plan on the Elderly (NPE) (2002 – 2021) serves as the key strategic plan for undertakings on the elderly entering into force from 2002 where in 2007 the Ministry of Social Development and Human Security performs the monitoring and evaluating the implementation of NPE therein the recommendations are concluded for modification of NPE to suit the present social situations which have changed.

To this end, the National Committee on the Elderly has designated the committee on monitoring the implementation of the elderly involving policy in order to review the 2<sup>nd</sup> NPE (2002 – 2021) for the purpose of modifying NPE to suit the change in present situations and based on the findings from NPE monitoring process. The committee on monitoring the implementation of the elderly involving policy chaired by Prof. Sutthichai Jitapunkul has dealt with NPE review in collaboration with the Office of Welfare promotion, Protection and Empowerment of Vulnerable Groups, the Ministry of Social Development and Human Security within the scope set forth under the resolutions of the National Committee on the Elderly. In modification of the 2<sup>nd</sup> NPE, the College of Population Study, Chulalongkorn University is substituted for revising the 2<sup>nd</sup> NPE by a process of opinion pooling and joint participation in analyses, suggestions and recommendations on approaches provided by the elderly development involving parties at either the national, provincial or local level including delegates from the elderly, private entities and social sector.

The National Committee on the Elderly has subsequently adopted the 2<sup>nd</sup> National Plan on the Elderly (NPE) (2002–2021), 1st Revised of 2009 and designates the Ministry of Social Development and Human Security to present it to the Cabinet for approval and then assigns the concerned agencies covered under the NPE to take necessary steps pursuant to the Cabinet's resolutions of April 27, 2010.

The content of the Revised NPE contains the rational for establishing NPE, rational and procedure of NPE revising, filtering out any situations that may influence implementation of NPE in the future, basic principles, strategies, major and minor measures, focal points, indicators and targets of action including restriction and limitation, necessary conditions and the ways of implementing NPE.

The present NPE contains the new measures to underlie and comply with the change in social situation and the elderly problem conditions such as encouraging the saving disciplines in all ages, budgetary allocation to support activities for the elderly run by local administration organizations, encouraging of long-term care, systematization and plans for assistance in case of disasters, provincial and local networks on administration and development of the elderly, etc., and specify the 1st and the 2nd focal points for implementing the determined strategies and measures as the key agencies in monitoring the operation under NPE subsequently.

The National Committee on the Elderly hereby gratefully acknowledges contributions made by the committee on monitoring the implementation of the elderly involving policy; the Office of Welfare Promotion, Protection and Empowerment of Vulnerable Groups; the College of Population Study, Chulalongkorn University and all parties taking part in revision of NPE. To this end, the National Committee on the Elderly believes that the present Revised NPE shall serve as guidelines for the elderly involving agencies to observe in development of better living standards for the Thai elderly.

**The National Committee on the Elderly**

## Preface

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## CHAPTER 1

### BASIC PRINCIPLE OF THE 2<sup>nd</sup> NATIONAL PLAN ON THE ELDERLY (2002 – 2021) 1<sup>st</sup> REVISED OF 2009

#### Philosophy:

The elderly are not a vulnerable group nor social burden, but able to take part as the social development resources, so they shall be entitled to recognition and support by the family, community and the State to lead a valuable life with dignity and sustain their healthiness and living standards as long as possible.

On the other hand, the elderly who encounter difficulties shall access the full and justified care from the family, community, society and the State.

The establishing of security for old age is deemed as a process in social strengthening to be accomplished by the participation of all concerned parts and sectors, consisting of:

1. Self-help disciplinary population
2. Caring by the family
3. Support by the community
4. Social and State's support

The participation of all parts and sectors shall be in a comprehensive system suiting the circumstances at all times.

#### Perspectives:

**“The elderly are valuable  
assets to the society”**

1. The elderly persons with good living standards are:
  - Physically and mentally healthy;
  - Happy family, social care, enabling and friendly environment;
  - Stable security, access to appropriate welfare and service;
  - Lead a valuable life with dignity, independence and autonomy, and serve as central reliability and participate in the family, community and social activities;
  - Keep access to data, information and news.
2. The family and the community serve as strong institution and key sector of efficient support for the elderly.
3. The welfare and service systems shall ensure a high quality life and full participation of the elderly both in their family and community.
4. All parties and sectors shall take part in the welfare and service system accessible to and usable by the elderly where safeguards are needed to protect the elderly as a group of consumers.
5. The proper undertakings and settings shall be performed to enable the elderly persons who face difficulties and in need of care to be recognized and included as members of their community in all arenas.

## Objectives:

1. To encourage the elderly well-being where they can lead their life as an asset to the society with their dignity and individual independence and autonomy under the reliable security.
2. To raise social conscience on the respect for and recognition of the elderly valuable contribution to the society whereby their valuable experience shall be promoted as longest possible.
3. To raise all people's awareness regarding the necessity for readiness preparation for their quality ageing.
4. To encourage the people, family, community, local, public and private sectors to realize and take part in the actions involving the elderly.
5. To formulate the frameworks and guidelines for good practice on the elderly for all concerned parties to observe aiming at an integral and comprehensive implementation on the elderly missions.

## CHAPTER 2

### STRATEGIES, MEASURES, FOCAL POINTS, INDICES AND TARGETS

This Revised National Plan on the Elderly contains 5 strategies, namely:

1. Strategy on readiness preparation of the people for their quality ageing;
2. Strategy on the elderly promotion and development;
3. Strategy on the social safeguards for the elderly;
4. Strategy on management of developing the national comprehensive system for undertakings and developing the personnel for the elderly involving missions;
5. Strategy on processing, upgrading and disseminating knowledge on the elderly and the national monitoring of implementation of NPE.

#### **Strategy 1 - Strategy on readiness preparation of the people for their quality ageing**

##### 1) Measures on the income security for old age

- 1.1. Extend the old age security to cover all target groups.
- 1.2. Encourage and establish saving disciplines in all ages.

##### 2) Measures on education and lifelong learning

- 2.1. Encourage the access to and develop the education service and lifelong learning in either the formal, adult education or learning by preference to provide correct knowledge and understanding of life and ageing aiming at readiness preparation for quality ageing.
- 2.2. Campaign for social awareness regarding necessity about the preparation for ageing.

##### 3) Measures on raising social conscience on the respect for and recognition of the elderly valuable contribution and dignity

- 3.1. Encourage the learning and participation of people in all age groups in the elderly caring at both the family and community levels.
- 3.2. Promote the activities which enhance good relationships between the elderly persons and persons of all ages where it may be held as part of education, religious, cultural and sports activities.
- 3.3. Campaign for social conscience on the respect for and recognition of the elderly dignity and valuable contribution to the society.



## Strategy 2 - Strategy on the elderly promotion and development

### 1) Measures on health promotion, prevention against disease and primary self-care

1.1. Organize health promotion activities in a variety of formats suiting the elderly and their families.

### 2) Measures on encouraging of groups joining and strengthening the elderly representative organizations

2.1. Encourage establishment and running of the elderly clubs and networks.

2.2. Support activities of the elderly networks.

### 3) Measures on promotion of employment and income of the elderly

3.1. Promote their employment either fulltime or part-time job both formal employment and self-employment.

3.2. Promote their occupational training and job placement suiting their age and ability.

3.3. Encourage groups joining in communities for supplementary income in which the elderly persons can take part.

### 4) Measures on promotion of the skillful elderly

4.1. Present an award for praising any elderly persons who serve as a good example to others.

4.2. Encourage the establishment of the central elderly brain bank to collate wisdom of the society.

4.3. Promote and provide the elderly with chances to transmit their wisdom to others and to participate in social activities.

### 5) Measures on promotion and support of all classes of the mass media to include the elderly involving programmes and support the elderly to access knowledge and data, information and news

5.1. Promote and support all classes of the mass media to include the elderly involving programmes.

5.2. Promote the producing, accessibility and publication of news and information for the elderly.

5.3. Take steps to ensure the elderly access to the mass media for news and information.

## 6) Measures on promotion and provision of their enabling and friendly housing and environment

6.1. Support and encourage educating of the elderly and their families on adjustments and modifications of their housing to suit the need of the elderly.

6.2. Establish measures on the loan sources with lower interest for construction/modification of housing and public facilities accessible to and usable by the elderly.

6.3. Enact the legislation to give privilege to the private entities that service housing accessible to and usable by the elderly.

## Strategy 3 - Strategy on the social safeguards for the elderly

### 1) Measures on income security

1.1. Promote all elderly persons to access the basic income welfare rendered by the government.

1.2. Encourage establishment of community-based funds for the elderly.

### 2) Measures on health security

2.1. Develop and promote the quality and efficient health security for all elderly persons.

2.2. Ensure their access to health care service and annual health examination covering all persons of the elderly.

2.3. Give them the required vaccinations in conformance with the standard practice in prevention and promotion of the elderly health.

2.4. The government shall support them auxiliary technologies necessary for their living such as glasses, cane, wheelchair, denture.

### 3) Measures on their families, caregivers and protection

3.1. Encourage the elderly family life as longest possible by raising awareness regarding the value of sharing the living with elderly persons based on a basis of mutual caring.

3.2. Promote their family members and caregivers to gain skills in the elderly care by providing them with knowledge and information about the useful services.

#### 4) Measures on the service system and supportive networks

4.1. Adjust and modify all public service systems to be accessible to and usable by the elderly in order to ease convenience and feasibility for them in living and contacting with other people either an individual, group or society.

4.1.1. Publicize rates of fares in the public transport system and other mass transit systems that entitle them any reductions.

4.1.2. Promote the adjustments and modifications of all kinds of public transport systems to be accessible to and usable by the elderly at all time of service and award the outstanding entities for their good service.

4.1.3. Encourage the public and the private sectors in charge of public places to observe the required standard practice involving public places accessible to and usable by the elderly.

4.1.4. Provide facilities accessible to and usable by the elderly in the public places such as a road, a walk in communities to be usable by the elderly and the disabled.

4.1.5. Arrange a park and sufficient, safe and proper area for them to take exercise.

4.2. Establish and develop health and social service including the long-term community-based care fully accessible to and usable by the elderly by emphasizing the home care model inclusive of health care and social service simultaneously which cover the following service:-

1. a service that supports long-term care;
2. a nursing system;
3. treatments for significant chronic diseases such as hypertension, diabetes and cerebro-vascular disease;
4. community-based volunteers;
5. support their caregivers to access knowledge and skill in the elderly care.

4.3. Encourage local administration organizations, religious entities, private entities and the entities with public interests to take part in provision of welfare for the elderly emphasizing a community-based approach.

4.4. Support the private entities and local administration organizations to render health care and social services to elderly persons who can afford such services, provided such services shall be certified and standardized with fair and reasonable cost of fees.

4.5. The State shall hold the plans and systems for mitigation of disaster and aids for the elderly in a disaster.

4.6. Promote the public and the private hospitals to provide service in the alternative medicine.

4.7. Establish an elderly clinic in any public hospital with 120 beds and more.

## **Strategy 4 - Strategy on management of developing the national comprehensive system for undertakings and developing the personnel for the elderly involving missions**

### **1) Measures on management of developing the national comprehensive system for the elderly involving undertakings**

1.1. Empower and enable the National Committee on the Elderly to implement the key policies and missions on the elderly.

1.2. Designate the provincial subcommittees on the elderly welfare provision under the charge of the provincial committees on welfare provision as the elderly administration and development networks at the provincial and local levels.

1.3. Develop potential of the provincial and local networks.

1.4. The National Committee on the Elderly sets up and carries out the monitoring of the implementation of NPE so as to make any necessary modification and take timely actions required under NPE.

### **2) Measures on promoting and supporting personnel on the elderly**

2.1. Promote and support the training of professional personnel on the elderly so that there will be a sufficient number of qualified staff.

2.2. Promote and support the training of the elderly caregivers so that there will be a sufficient number of qualified caregivers.

2.3. Set up the plan on training of personnel on the elderly, so that they will reach a sufficient number satisfying the needs of the Country for their continual service.

## **Strategy 5 - Strategy on processing, upgrading and disseminating knowledge on the elderly and the national monitoring of implementation of NPE**

- 1) Measures on encouraging and supporting gerontology researches for the purpose of formulating policies and developing services and undertakings useful to the elderly.
- 2) Measures on the consecutive and effective monitoring of NPE.
- 3) Measures on upgrading and updating the elderly database whereby the significant elderly database shall be accessible and easy for searching.

# Annex

## Strategy 1 - Strategy on readiness preparation of the people for their quality ageing

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
1	Measures on the income security for old age						
1.1	Extend the old age security to cover all target groups*	<ol style="list-style-type: none"> <li>1. Ministry of Finance</li> <li>2. Ministry of Labor</li> <li>3. Ministry of Interior (Local Administration Department/Local Administration Organizations)</li> <li>4. Bangkok Metropolitan Administration, Pattaya City Administration</li> </ol>	<b>Index 1</b> coverage rate of the official old age security** in the populations aged 30-59	30%	50%	80%	95%
1.2	Encourage and establish saving disciplines in all ages	<ol style="list-style-type: none"> <li>1. Ministry of Finance</li> <li>2. Ministry of Education</li> </ol>	<b>Index 2</b> rate of family savings *** <b>Index 3</b> numbers of members of the Mutual Fund and total sum in the Mutual Fund per one member (excluding the village funds) including the defined contribution funds	← ← ← ←	continually Increasing	continually increasing	← → ← →

### Definitions:

\* **All target groups** refer to all groups of population regardless of whether they are in the formal or self-employment or unemployment group.

\*\* **Official old age security** refers to the social security fund, the pension system for public servants of both central and local authority, the pension system of state enterprises, other pension systems and any other systems rendered by the government such as a national fund contributed by the government.

\*\*\* **Rate of family savings** refers to  $\frac{\text{personal savings of each individual}}{\text{personal income of each individual}} \times 100$

**Remarks:** The focal points are put in sequence of their importance: the 1st – the 2nd ones are the main agencies in charge, while the next ones are the joint agencies.

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
2	Measures on education and lifelong learning		Index 4 proportions of the population aged 18 – 59 who are educated on the life cycle, ageing and readiness preparation for old age	30%	50%	70%	95%
2.1	Encourage the access to and develop the education service and lifelong learning in either the formal, adult education or learning by preference to provide correct knowledge and understanding of life and ageing aiming at readiness preparation for quality ageing.	<ol style="list-style-type: none"> <li>1. Ministry of Education</li> <li>2. Ministry of Public Health</li> <li>3. Ministry of Social Development and Human Security (the Office of Welfare Promotion, Protection and Empowerment of Vulnerable Groups)</li> <li>4. Ministry of Interior (Local Administration Department (LAD)/Local Administration Organizations(LAOs))</li> <li>5. Bangkok Metropolitan Administration, Pattaya City Administration</li> <li>6. Office of the Prime Minister [(the Government Public Relations Department, the Mass Communication Organization of Thailand (MCOT))]</li> </ol>	Index 5 the subjects or activities involving health care and ageing and old age hygiene are included in the primary and the first 3 levels of the secondary education in the general education system	na	Within 2011		
2.2	Campaign for social awareness regarding necessity about the preparation for ageing.	<ol style="list-style-type: none"> <li>1..Ministry of Social Development and Human Security</li> <li>2. Office of the Prime Minister (the Government Public Relations Department, MCOT)</li> </ol>	Index 6 proportions of the population aged 30 – 59 who have prepared their readiness in all arenas (income, health, housing)	50%	50%	70%	90%

na means no indices for the monitoring carried out in 2002 – 2006.







No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
2	Measures on encouraging of groups joining and strengthening the elderly representative organizations*	1. Ministry of Social Development and Human Security 2. Ministry of Public Health 3. Ministry of Interior (LAD/LAOs) 4. Bangkok Metropolitan Administration, Pattaya City Administration	<b>Index 9</b> proportions of the elderly clubs which usually hold activities in the previous year (at least once a quarter or 4 times a year)	30%	70%	80%	90%
2.1	Encourage establishment and running of the elderly clubs and networks.	1. Ministry of Social Development and Human Security 2. Ministry of Interior (LAD/LAOs) 3. Bangkok Metropolitan Administration, Pattaya City Administration	<b>Index 10</b> proportions of elderly clubs <b>Index 11</b> proportions of the elderly population who are members of the elderly clubs and participate in activities of the clubs in the previous 3 months	na 20%	← 25%	Continually increasing 50%	→ 50%
2.2	Support activities of the elderly networks.	1. Ministry of Social Development and Human Security 2. Senior Citizen Council of Thailand 3. Thai Health Promotion Foundation 4. Ministry of Interior (LAD/LAOs) 5. Bangkok Metropolitan Administration (BMA), Pattaya City Administration	<b>Index 12</b> number and value of projects/programs subsidized by the Fund on the Elderly <b>Index 13</b> proportions of budgets LAOs/ BMA/ Pattaya City Administration spend for the elderly or for the elderly involving activities	Na na	70 projects per year 10%	<- Continually increasing -> <- Continually increasing ->	<- Continually increasing -> <- Continually increasing ->

na means no indices for the monitoring carried out in 2002 – 2006.

**Definitions:** \* **The elderly representative organizations** refer to the Senior Citizen Council of Thailand, the elderly associations, clubs, foundations which mainly deal with the elderly involving missions, especially those have been registered with the Senior Citizen Council of Thailand.

\*\* **Communities** refer to rural villages and urban communities pursuant to the definitions determined by the Local Administration Department.

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
3	Measures on promotion of employment and income of the elderly		<p><b>Index 14</b> proportions of elderly persons who are satisfied with their financial status</p> <p><b>Index 15</b> the rate of unemployment* of the elderly population aged 60 years and more proportional to the rate of unemployment of the population aged 40-59 years</p>	Not less than 60%	75%	75%	75%
3.1	Promote their employment either fulltime or part-time job both formal employment and self-employment.	1. Ministry of Labor 2. Ministry of Agriculture and Cooperatives 3. Ministry of Interior (LAD/LAOS) 4. Bangkok Metropolitan Administration (BMA), Pattaya City Administration 5. Ministry of Industry	) ) ) ) ) ) ) } See Index 15 ) )				
3.2	Promote their occupational training and job placement suiting their age and ability.	1. Ministry of Labor 2. Ministry of Interior (LAD/LAOS) 3. BMA, Pattaya City Administration 4. Ministry of Education	) ) ) ) ) ) ) )				
3.3	Encourage groups joining in communities for supplementary income in which the elderly persons can take part.	1. Ministry of Interior (LAD/LAOS) 2. BMA, Pattaya City Administration 3. Ministry of Agriculture and Cooperatives 4. Ministry of Social Development and Human Security (the Institution of Community-based Organizations Development)	<b>Index 16</b> proportions of communities where existing groups joining for supplementary income which the elderly persons take part in.	50%	60%	70%	80%

**Definitions:** \* **The rate of unemployment** means the proportions of the elderly persons who want to join the workforce but still being unemployed proportionately to the proportions of the elderly persons who want to join the workforce but still being unemployed and those who are employed.

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
4	<b>Measures on promotion of the skilful elderly</b>						
4.1.	Present an award for praising any elderly persons who serve as a good example to others.	1. Ministry of Social Development and Human Security 2. Public and private networks	<b>Index 17</b> numbers of organizations which promote an award for praising the elderly	na	<- Continually increasing	increasing	→
4.2.	Encourage the establishment of the central elderly brain bank to collate wisdom of the society.	1. Ministry of Social Development and Human Security 2. Office of the National Economic and Social Development Board	<b>Index 18</b> proportions of provinces where a central brain bank is founded	na	50%	70%	80%
4.3.	Promote and provide the elderly with chances to transmit their wisdom to others and to participate in social activities.	1. Ministry of Social Development and Human Security 2. Ministry of Education 3. Ministry of Labor 4. Ministry of Interior (LAD/LAOS) 5. BMA, Pattaya City Administration 6. Public and private networks Public and private networks	<b>Index 19</b> proportions of the elderly persons who are invited to act lecturer/ counselor in the previous year	na	5%	<- Continually increasing	increasing->

na means no indices for the monitoring carried out in 2002 – 2006.

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
5	Measures on promotion and support of all classes of the mass media to include the elderly involving programmes and support the elderly to access knowledge and data, information and news	1. Office of the Prime Minister (the Government Public Relations Department, MCOT) 2. Ministry of Education 3. Ministry of Information and Communication Technology 4. Ministry of Social Development and Human Security 5. Ministry of Interior (LAD/LAOS) 6. BMA, Pattaya City Administration	Index 20 proportions of the elderly persons who receive news and information about the elderly via the mass media in the previous month	25%	50%	70%	80%
5.1	Promote and support all classes of the mass media to include the elderly involving programmes.						
5.2	Promote the producing, accessibility and publication of news and information for the elderly.		Index 21 proportions of the elderly involving programmes broadcasted on the public medias*	na	← --	Continually	increasing->
5.3	Take steps to ensure the elderly access to the mass media for news and information.						

na means no indices for the monitoring carried out in 2002 – 2006.

**Definitions:**

\* **The public medias** refer to the governmental medias such as the Radio Broadcasting of Thailand, the National Broadcasting of Thailand, the Government Public Relations Department, Thai PBS.



### Strategy 3 - Strategy on the social safeguards for the elderly

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
1	<b>Measures on income security</b>						
1.1	Promote all elderly persons to access the basic income welfare rendered by the government.	<ol style="list-style-type: none"> <li>1. Ministry of Finance</li> <li>2. Ministry of Social Development and Human Security</li> <li>3. Ministry of Interior (LAD/LAOS)</li> <li>4. BMA, Pattaya City Administration</li> </ol>	<b>Index 23</b> proportions of the elderly persons who access monthly income provided by the government*	na	85%	90%	95%
1.2	Encourage establishment of community-based funds for the elderly.	<ol style="list-style-type: none"> <li>1. Ministry of Interior (LAD/LAOS)</li> <li>2. BMA, Pattaya City Administration</li> <li>3. Ministry of Social Development and Human Security (the Institution of Community-based Organizations Development)</li> </ol>	<b>Index 24</b> proportions of communities that have the funds for the elderly	20%	40%	50%	60%

na means no indices for the monitoring carried out in 2002 – 2006.

**Definitions:**

\* **Monthly income provided by the government** refer to the income from public servants' pension and subsistence allowance.



No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
2	<b>Measures on health security</b>		<b>Index 25</b> proportions of the elderly population who exercise their right under a health security system for treatments of their recent illness	Not less than 80%	Not less than 85%	Not less than 90%	Not less than 95%
2.1	Develop and promote the quality and efficient health security for all elderly persons.	1. National Health Security Office 2. Ministry of Public Health 3. Ministry of Interior (LAD/LAOS) 4. BMA, Pattaya City Administration	See Index 25				
2.2	Ensure their access to health care service and annual health examination covering all persons of the elderly.	Focal points same as 2.1	<b>Index 26</b> proportions of the elderly persons with disabilities * who are visited at home once a month <b>Index 27</b> proportions of the elderly persons who access annual health examination	na	80%	90%	95%
2.3	Give them the required vaccinations ** in conformance with the standard practice in prevention and promotion of the elderly health.	Focal points same as 2.1	<b>Index 28</b> proportions of the elderly persons who get the required vaccinations from the public health care institutions* **	na	80%	90%	95%

na means no indices for the monitoring carried out in 2002 – 2006.

**Definitions:** \* **The elderly persons with disabilities** refer to the elderly persons who have mobility impairment for the previous 6 months. \*\*The required vaccinations refer to a vaccination against flu and other necessary and appropriate vaccinations.

\*\*\* **The public health care institutions** refer to the public health care units and hospitals of all levels.

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
2.4	The government shall support them auxiliary technologies necessary for their living such as glasses, cane, wheelchair, denture.	<ol style="list-style-type: none"> <li>1. National Health Security Office</li> <li>2. Ministry of Public Health</li> <li>3. Ministry of Interior (LAD/LAOs)</li> <li>4. BMA, Pattaya City Administration</li> <li>5. Ministry of Social Development and Human Security</li> <li>6. Public and private networks</li> <li>7. Ministry of Finance</li> </ol>	<b>Index 29</b> proportions of elderly persons with mobility impairment who receive wheelchairs	na	25%	50%	70%
<b>3</b>	<b>Measures on their families, caregivers and protection</b>						
3.1	Encourage the elderly family life as longest possible by raising awareness regarding the value of sharing the living with elderly persons based on a basis of mutual caring.	<ol style="list-style-type: none"> <li>1. Ministry of Finance</li> <li>2. Ministry of Social Development and Human Security</li> <li>3. Ministry of Interior (LAD/LAOs)</li> <li>4. BMA, Pattaya City Administration</li> </ol>	<b>Index 30</b> proportions of the elderly persons who live with their families	←	--More than 90%	--	→
3.2	Promote their family members and caregivers to gain skills in the elderly care by providing them with knowledge and information about the useful services.	<ol style="list-style-type: none"> <li>1. Ministry of Culture</li> <li>2. Ministry of Education</li> <li>3. Ministry of Social Development and Human Security</li> <li>4. Ministry of Public Health</li> <li>5. Ministry of Labor</li> <li>6. Ministry of Interior (LAD/LAOs)</li> <li>7. BMA, Pattaya City Administration</li> </ol>	<b>Index 31</b> numbers of their caregivers educated on caring (knowledge of nutrition, troubleshooting in case of their acute illness) proportionally to numbers of caregivers for the elderly persons who are unable to participate in activities outside their home.	Not less than 20%	60%	80%	95%

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
4	<b>Measures on the service system * and supportive networks**</b>						
4.1	Adjust and modify all public service systems*** to be accessible to and usable by the elderly in order to ease convenience and feasibility for them in living and contacting with other people either an individual, group or society.	<ol style="list-style-type: none"> <li>1. Ministry of Communications and Transport</li> <li>2. Ministry of Tourism and Sports</li> <li>3. Ministry of Social Development and Human Security</li> </ol>	<b>Index 32</b> proportions of the elderly persons who are satisfied with all public service systems	na	85%	90%	95%
4.1.1	Publicize rates of fares in the public transport system and other mass transit systems that entitle them any reductions.	<ol style="list-style-type: none"> <li>1. Ministry of Communications and Transport</li> <li>2. Ministry of Social Development and Human Security</li> </ol>	<b>Index 33</b> the period of time prescribed for action	Within 5 years		Within 2016	
4.1.2	Promote the adjustments and modifications of all kinds of public transport systems to be accessible to and usable by the elderly at all time of service and award the outstanding entities for their good service.	<ol style="list-style-type: none"> <li>1. Ministry of Communications and Transport</li> <li>2. Ministry of Finance</li> <li>3. Ministry of Social Development and Human Security</li> <li>4. Ministry of Interior (LAD/LAOS)</li> <li>5. BMA, Pattaya City Administration</li> <li>6. Public and private networks</li> </ol>	See Index 32				

na means no indices for the monitoring carried out in 2002 – 2006.

**Definitions:**

\* **The service system** refers to the system which contains management of service by the agencies or communities to ease convenience for the elderly.

\*\* **Supportive networks** refer to relations between the elderly group, public entities and private entities that render community-based multipurpose service for the elderly.

\*\*\* **All public service systems** refer to the basic services such as land, sea, air transport; public places such as public/private hospitals, provincial city halls, BMA, Pattaya City Administration, district offices, local authority (provincial administration organizations/municipalities/sub-district administration organizations), department stores, shopping centers, public parks, transport stations, airports, railway stations, religious sites and markets.

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
4.1.3	Encourage the public and the private sectors in charge of public places to observe the required standard practice involving public places accessible to and usable by the elderly.	Focal points same as 4.1	<b>Index 34</b> proportions of public stations installed with facilities really accessible to and usable by the elderly such as walks, stairs and toilets inside the following places: - public/private hospitals - provincial city halls/ BMA/ Pattaya City Administration - district offices - local authority (district administration organizations/ municipalities/sub-district administration organizations) - department stores/ shopping centers - public parks - transport stations/airports/ railway stations - religious sites - markets	100% 50% 50% na 50% 50% 100% na na	70% 50% 30% 30% 50% 50% 50% 30% 30%	90% 60% 30% 40% 60% 60% 60% 40% 40%	95% 60% 50% 50% 80% 70% 70% 50% 50%
4.1.4	Provide facilities accessible to and usable by the elderly in the public places such as a road, a walk in communities to be usable by the elderly and the disabled.	1. Ministry of Interior (LAD/LAOs) 2. BMA, Pattaya City Administration 3. Ministry of Social Development and Human Security 4. Private entities on development	See Index 34				
4.1.5	Arrange a park and sufficient, safe and proper area for them to take exercise.	1. Ministry of Tourism and Sports (the Sports Authority of Thailand) 2. Ministry of Social Development and Human Security 3. BMA (the Office of Culture, Sports and Tourism)	<b>Index 35</b> proportions of public parks with specific areas arranged for exercise and relaxation safe and proper to the elderly* <b>Index 36</b> proportions of districts which have at least 1 public park with an area for the elderly exercise	na na	50% 20%	60% 50%	70% 80%

na means no indices for the monitoring carried out in 2002 – 2006. **Remarks:** \* It shall explicitly determine definitions and criteria of **the public parks with specific areas arranged for exercise and relaxation safe and proper to the elderly** for the purpose of monitoring the implementation of NPE.

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
4.2	Establish and develop health and social service including the long-term community-based care fully accessible to and usable by the elderly by emphasizing the home care model inclusive of health care and social service simultaneously which cover the following service:- 1. a service that supports long-term care; 2. a nursing system*; 3. treatments for significant chronic diseases such as hypertension, diabetes and cerebro-vascular disease; 4. community-based volunteers; 5. support their caregivers to access knowledge and skill in the elderly care.	1. Ministry of Public Health 2. Ministry of Interior (LAD/LAOS) 3. BMA, Pattaya City Administration 4. Ministry of Social Development and Human Security 5. Ministry of Education	<b>Index 37</b> proportions of the elderly persons with disabilities who access community-based service in the recent 6 months <b>Index 38</b> proportions of sub-districts which render the following services (covering 1 – 5)	20%	40%	60%	80%
4.3	Encourage local administration organizations, religious entities, private entities and the entities with public interests to take part in provision of welfare for the elderly emphasizing a community-based approach.	1. Ministry of Interior (LAD/LAOS) 2. BMA, Pattaya City Administration 3. Ministry of Public Health 4. Ministry of Social Development and Human Security	<b>Index 39</b> proportions of the local authority (provincial administration organizations, municipalities, sub-district administration organizations, BMA, Pattaya City Administration) which allocate their budgets and /or run activities for the elderly	50%	95%	95%	95%
4.4	Support the private entities and local administration organizations to render health care and social services to elderly persons who can afford such services, provided such services shall be certified and standardized with fair and reasonable cost of fees.	1. Ministry of Public Health 2. Ministry of Interior (LAD/LAOS) 3. BMA, Pattaya City Administration 4. Ministry of Social Development and Human Security	<b>Index 40</b> supplemental measures are set up <b>Index 41</b> period of time prescribed for standardization of health care centers and health care services	Within 5 years Within 5 years		Within 2016 Within 2016	

na means no indices for the monitoring carried out in 2002 – 2006.

**Definitions:**

\* A nursing system refers to treatments/keeping of previous health condition against worsening.

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
4.5	The State shall hold the plans and systems for mitigation of disaster and aids for the elderly in a disaster.	1. Ministry of Interior (LAD/LAOS) 2. BMA, Pattaya City Administration 3. Ministry of Public Health 4. Ministry of Social Development and Human Security 5. Ministry of Defence	<b>Index 42</b> there are a plan of action and budgetary allocation for assist elderly persons who face disasters	na	Within 2011		
4.6	Promote the public and the private hospitals to provide service in the alternative medicine.	1. Ministry of Public Health 2. Ministry of Interior (LAD/LAOS) 3. BMA, Pattaya City Administration	<b>Index 43</b> proportions of public and private hospitals with alternative medicine	na	50%	70%	90%
4.7	Establish an elderly clinic in any public hospital with 120 beds and more.	Focal points same as 4.6	<b>Index 44</b> proportions of hospitals with 120 beds and more that have the elderly clinics	na	95%	95%	95%

na means no indices for the monitoring carried out in 2002 – 2006.

**Strategy 4 - Strategy on management of developing the national comprehensive system for undertakings and developing the personnel for the elderly involving missions**

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
1	Measures on management of developing the national comprehensive system for the elderly involving undertakings						
1.1	Empower and enable the National Commission on the Elderly to implement the key policies and missions on the elderly.	<ol style="list-style-type: none"> <li>1. National Commission on the Elderly</li> <li>2. Ministry of Social Development and Human Security</li> <li>3. Ministry of Public Health</li> <li>4. Ministry of Interior (LAD/LAOS)</li> <li>5. BMA, Pattaya City Administration</li> <li>6. Ministry of Finance</li> <li>7. Ministry of Labor</li> <li>8. Ministry of Education</li> </ol>	<p><b>Index 45</b> all focal points on the elderly make the progress report on their missions to the National Commission on the Elderly at least once a year</p> <p><b>Index 46</b> proportions of the local authority (provincial administration organizations, municipalities, BMA, Pattaya City Administration) which have their yearly plan of action on the elderly</p>	Na	Once a year	Once a year	Once a year
1.2	Designate the provincial subcommittees on the elderly welfare provision under the charge of the provincial committees on welfare provision as the elderly administration and development networks at the provincial and local levels.	<ol style="list-style-type: none"> <li>1. Ministry of Social Development and Human Security</li> <li>2. Ministry of Interior (LAD/LAOS)</li> <li>3. BMA, Pattaya City Administration</li> <li>4. National Commission on the Elderly</li> </ol>	<p><b>Index 47</b> the provincial subcommittees on promotion of social welfare for the elderly under the charge of the provincial committees on promotion of social welfare for the elderly, submit at least once a year their reports on their practices involving the elderly to the National Commission on the Elderly</p>	na	80%	90%	100%

na means no indices for the monitoring carried out in 2002 – 2006.

No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
1.3	Develop potential of the provincial and local networks.	<ol style="list-style-type: none"> <li>1. Ministry of Social Development and Human Security</li> <li>2. Ministry of Public Health</li> <li>3. Ministry of Interior (LAD/LAOs)</li> <li>4. BMA, Pattaya City Administration</li> </ol>	<b>Index 48</b> Activities to enhance and develop potential of the relevant provincial and local networks are held at least once a year	na	80%	90%	100%
1.4	The National Commission on the Elderly sets up and carries out the monitoring of the implementation of NPE so as to make any necessary modification and take timely actions required under NPE.	<ol style="list-style-type: none"> <li>1. National Commission on the Elderly</li> <li>2. Ministry of Social Development and Human Security</li> <li>3. Office of the National Research Committee</li> <li>4. Ministry of Finance</li> </ol>	<b>Index 49</b> the 2nd NPE is modified and implemented within the prescribed period	←	Every 5 years	---	→
<b>2</b>	<b>Measures on promoting and supporting personnel on the elderly</b>						
2.1	Promote and support the training of professional personnel on the elderly* so that there will be a sufficient number of qualified staff.	<ol style="list-style-type: none"> <li>1. Ministry of Education</li> <li>2. Ministry of Public Health</li> <li>3. Ministry of Interior (LAD/LAOs)</li> <li>4. Ministry of Social Development and Human Security</li> </ol>	<b>Index 50</b> numbers of personnel on the elderly who are trained**	na	←	Continually	increasing→

na means no indices for the monitoring carried out in 2002 – 2006.



No.	Measures	Focal Points	Indices	Targets			
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
2.2	Promote and support the training of the elderly caregivers*** so that there will be a sufficient number of qualified caregivers.	Focal points same as 2.1	<b>Index 51</b> proportions of the elderly caregivers who are trained in the elderly caring**	na	←	Continually	increasing→
2.3	Set up the plan on training of personnel on the elderly, so that they will reach a sufficient number satisfying the needs of the Country for their continual service.	1. National Commission on the Elderly	<b>Index 52</b> the National Commission on the Elderly has implemented its framework	na	←	It shall be implemented and continually	within 5 years->

na means no indices for the monitoring carried out in 2002 – 2006.

**Definitions:**

\* **Professional personnel on the elderly** refer to a nurse, social development officer, volunteer and academic on the elderly.

\*\* **Professional personnel on the elderly** shall be trained for more than 2 weeks.

\*\*\* **The elderly caregivers** refer to a caregiver who is whether one of their family member or is not.

\*\*\*\* The elderly caregivers shall be trained for 3 days and more.

**Strategy 5 - Strategy on processing, upgrading and disseminating knowledge on the elderly and the national monitoring of implementation of NPE**

No.	Measures	Focal Points	Indices	Targets		
				Year 2006 (5 years)	2011 (10 years)	Year 2016 (15 years) / 2021 (20 years)
1	Measures on encouraging and supporting gerontology researches for the purpose of formulating policies and developing services and undertakings useful to the elderly.	<ol style="list-style-type: none"> <li>1. National Commission on the Elderly</li> <li>2. Office of the National Research Committee</li> <li>3. Ministry of Education (the Office of the Higher Education Commission)</li> <li>4. Ministry of Public Health (the Geriatrics Institute)</li> <li>5. Office of the Research Fund</li> <li>6. Institute of Research on the Public Health System</li> <li>7. Thai Health Promotion Foundation</li> <li>8. Foundation of Thai Gerontology Research and Development Institute</li> <li>9. National Health Security Office</li> </ol>	<p><b>Index 53</b> number of projects/ programs and/or budgets for research on gerontology of the Office of the National Research Committee and Thai Health Promotion Foundation</p>	na	←	Continually increasing →
2	Measures on the consecutive and effective monitoring of NPE.	<ol style="list-style-type: none"> <li>1. National Commission on the Elderly</li> <li>2. Ministry of Social Development and Human Security</li> </ol>	<p><b>Index 54</b> the implementation of the National Plan on the Elderly (NPE) is monitored under the reliable certification at least once in every 5 years</p>	←	To be consecutively	done in every 5 years →

na means no indices for the monitoring carried out in 2002 – 2006.

No.	Measures	Focal Points	Indices	Targets			
				Year 2016 (15 years)	2011 (10 years)	Year 2016 (15 years)	2021 (20 years)
3	Measures on upgrading and updating the elderly database whereby the significant elderly database shall be accessible and easy for searching.	<ol style="list-style-type: none"> <li>1. National Commission on the Elderly</li> <li>2. Ministry of Social Development and Human Security</li> <li>3. Ministry of Public Health</li> <li>4. Ministry of Information and Communication Technology (the National Statistical Office)</li> <li>5. Ministry of Interior (the Provincial Administration Department: the Civil Registry)</li> </ol>	<p><b>Index 55</b> the significant elderly database is established in each year</p> <p><b>Index 56</b> the database is updated at least once a year</p>	←	To be consecutively	done each year	→
				na	←	Data shall be consecutively updated each year	→

na means no indices for the monitoring carried out in 2002 – 2006.





The 2<sup>nd</sup> National Plan on the Elderly (2002 - 2021)

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